Addiction Studies – AAS-T Degree
Program of Study (Revised Fall 2011)

Completion Award: AAS-T Degree	**Test Fees**: ASSET or COMPASS	$20.00
Length of Program: 6 quarters	**Approximate Additional Costs**	
	Books, supplies and miscellaneous fees (per quarter)	$250.00-300.00
Program Coordinator: Stacie Bell	Application for Chemical Dependency Professional	$200.00
Office: V-4 Phone: (360) 417-6377	Initial Chemical Dependency Professional Certificate	$225.00
email: sbell@pencol.edu	Counselor registration fee	$130.00

Program Description
Addiction Studies program competencies can be attained through an extensive array of educational courses offered. The program contains classes suggested to begin internships in chemical dependency agencies in the public and private sectors and fulfill chemical dependency professional status in accordance with current certification requirements. Course content includes counseling, case management, psychology, sociology, ethics, law, and physiology as well as internships in a variety of work environments. Students are encouraged to begin the program in either fall or winter quarter. Successful completion of the two-year program described on this guide leads to an Associate of Applied Science-Transfer degree in Addiction Studies. The AAS-T option may improve the transferability of Associate of Applied Science degrees to some four-year programs.

Special Features
- This program offers a special 14-credit certificate for persons interested in enhancing their potential entry into training positions. Coursework includes Introduction to Addiction Studies, Physiology of Drugs, and Counseling I.
- The Addiction Studies program offers the student a unique opportunity to develop self-awareness regarding valuable choices for a healthy lifestyle.
- Students interested in pursing both an Addiction Studies Associate of Applied Science degree and an Associate of Arts transfer degree simultaneously should contact the program advisor.
- This program contains courses which are articulated through the Tech Prep program with one or more area high schools. This course is indicated with ***TP*** on the course requirements.

Student Learning Outcomes
When the Addiction Studies Program is completed the student will be able to:
- Identify basic facts on addiction and effect on individual, family, and society; chemical dependency theory and therapy models; dynamics of teenage substance abuse.
- Maintain accurate case management records.
- Utilize knowledge of state laws and court procedures regarding alcohol/drug offenses.
- Apply basic counseling skills in a therapeutic setting.
- Explore dynamics of chemically dependent family.
- Recognize the relapse process and its impact on recovery and family-of-origin issues..
- Examine ethical principles and rules of conduct for the chemical dependency counselor.
- Address cultural awareness as it relates to working with others.

Career Opportunities
Economic downturns throughout the state have resulted in significant increases in drug and alcohol problems. Counseling agencies have prepared programs to meet this need, but trained counselors are in short supply. In addition, educational service districts throughout the state need qualified chemical dependency professionals. The demand for chemical dependency counselors should remain strong over the next several years.

Potential Positions And Earnings
Potential positions include chemical dependency counselor, intervention specialist, case manager at emergency shelter, and case worker for state agencies (i.e., Department of Social and Health Services, mental health agencies, etc.). Annual entry-level salaries range from $16,000 to $24,000 depending on location and position [median wage range for Substance Abuse Counselors: $23.33].

Program Prerequisites
The ASSET or COMPASS test will help determine English and math placement levels if not known. Previous coursework may also indicate placement level.

Addiction Studies
AAS-T Degree Requirements
Revised: Fall, 2011

Program Code: 437T

Required Courses		Cr.	Typical Student Schedule
CAT Course – 100 level	Computer Applications Technology Course – 100 level	4	Fall/2
ENGL& 101	English Composition I	5	Fall/1
FA 100 *or FA 105*	Industrial First Aid	1	Winter/1
HSSA& 101	Introduction to Addictive Drugs	5	Fall/1
HSSA 105	Physiology/Pharmacology Alcohol/Drugs	5	Fall/1
HSSA 115	Counseling I	4	Winter/1
HSSA 135	Family Treatment/CD I	3	Spring/1
HSSA 136	Relapse Prevention	3	Spring/2
HSSA 140	Group Counseling	5	Spring/1
HSSA 150	Case Management	3	Winter/1
HSSA 155	Youth CD Counseling & Assessment	3	Spring/2
HSSA 160	Chemical Dependency and the Law	3	Winter/2
HSSA 165	Chemical Dependency and Ethics	3	Fall/2
HSSA 172	Cultural Diversity	3	Spring/1
HSSA 190	DASA HIV/AIDS Brief Risk, Airborne Pathogens	1	Fall/1 or Spring/1
HSSA 215	Counseling II	3	Winter/2
HSSA 250	Case Management for Professionals	3	Winter/2
MATH& 107	Math in Society	5	Winter/2
PSYC& 100	General Psychology	5	Winter/1
PSYC 205	Human Growth and Development	5	Winter/1
PSYC& 220 ***or PSYC 250 or PSYC 260***	Abnormal Psychology ***or Social Psychology or Introduction to Personality***	5	Winter/2
SOC& 101	Introduction to Sociology	5	Spring/1
SOC 115	Understanding Diversity	5	Spring/2
HSSA Electives	*Choose 2 electives from the following list *(Check Quarterly Schedule for classes offered)*	5-8	
	***HSSA Electives**		
HSSA 116	**Intervention in Chemical Dependency**	**2**	
HSSA 130	**Introduction to Art Therapy**	**3**	
HSSA 145	**Teaching Skills for Counselors**	**3**	
HSSA 200	**Internship**	**5**	
HSSA 201	**Pathological Gambling**	**3**	
HSSA 216	**Current Treatment Trends**	**3**	
HSSA 232	**Mental Health Issues**	**3**	
CREDITS REQUIRED FOR AAS-T DEGREE:		92-95	

9-16-11